

# Helping to protect your family is important to you<sup>1</sup>

That is why vaccination should be important to you<sup>1-3</sup>

Keeping your family safe means protecting them in many different ways. Vaccination is important because it helps prevent against certain diseases in both kids and adults by preparing our immune systems to fight against them. And staying up to date with vaccination schedules, as recommended by your doctor, is one way to help protect your family.<sup>1-4</sup>



Actor Portrayals



*Talk to your doctor, and ensure your whole family stays on track with vaccinations.<sup>2,3</sup>*

**References:** **1.** Centers for Disease Control and Prevention (CDC). 5 reasons it is important for adults to get vaccinated. Last reviewed September 12, 2022. Accessed July 3, 2024. <https://www.cdc.gov/vaccines/adults/reasons-to-vaccinate.html> **2.** Centers for Disease Control and Prevention (CDC). Recommended child and adolescent immunization schedule for ages 18 years or younger, United States, 2024. Last reviewed June 27, 2024. Accessed July 18, 2024. <https://www.cdc.gov/vaccines/schedules/downloads/child/0-18yrs-child-combined-schedule.pdf> **3.** Centers for Disease Control and Prevention (CDC). Recommended immunization schedule for adults aged 19 years and older, United States, 2024. Last reviewed July, 2024. Accessed August 7, 2024. <https://www.cdc.gov/vaccines/schedules/downloads/adult/adults-schedule-easy-read.pdf> **4.** Centers for Disease Control and Prevention (CDC). Making the vaccine decision: addressing common concerns. Last reviewed July 19, 2023. Accessed February 7, 2024. <https://www.cdc.gov/vaccines/parents/why-vaccinate/vaccine-decision.html>



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